



Tech Talks: Storage and Backups (Apple)

Review your strategy for backing up your data

Storage	Summary
<p>Settings > General > iPhone/iPad Storage</p> <p>View Recommendations:</p> <ul style="list-style-type: none"> • Optimize Photos • Offload Unused Apps • Review Large Attachments 	<ul style="list-style-type: none"> • Optimize Photos keeps originals on iCloud and keeps smaller file on device when low on space • Save space by removing unused Apps • You can delete large attachments from messages individually
iCloud backup	Summary
<p>Settings > Your Name / Apple ID > iCloud > Manage Storage</p> <p>Settings > Your Name / Apple ID > iCloud > iCloud Backup (turn on) > Back up Now</p>	<p>Review your available iCloud storage space (upgrade, if needed)</p> <p>Turning on runs backup automatically</p> <ul style="list-style-type: none"> • Most common and convenient • If over 5 Gigs, monthly cost for iCloud based on storage space required • This option does stop the computer backup process with iTunes / Finder
Computer backup	Summary
<p>iTunes (OS 10.14 or earlier)</p> <p>Plug device into computer > Open iTunes > Click iPhone icon (top left) > Backups > Select "This Computer"</p> <p>Finder (OS 10.15 or later)</p> <p>Plug device into computer > Open Finder > Select Device from "Locations" on menu > Choose backup option > Back up Now</p>	<p>You can backup your device onto your computer</p> <ul style="list-style-type: none"> • No monthly cost for online storage • Requires a computer with significant storage space • Requires time to upload • Will no longer backup using iCloud Backup
Additional Step-by-step	
<p>iPhone to iCloud: https://www.wikihow.tech/Back-Up-an-iPhone-to-iCloud</p> <p>iPhone to iTunes: https://www.wikihow.com/Back-Up-an-iPhone-to-iTunes</p>	