

Tech Talks: Mobile Device Security (Apple/Android)

Keep your accounts and devices secure

Avoid Phishing	<ul> <li>Criminals want money (also account usernames and passwords)</li> <li>Ignore and delete if</li> <li>Sounds too good to be true</li> <li>Pushy or threatening</li> <li>Vague salutations (e.g. Hi, Dear Customer)</li> <li>Check "From" line of sender's email</li> <li>Check destination website address</li> <li>Call or visit organization directly (don't follow links)</li> </ul>
Avoid Malware	<ul> <li>Hackers can use software to spy, extort or steal</li> <li>Avoid suspicious apps/links/downloads/texts/calls</li> <li>Use secure connections (WiFi and Websites)</li> <li>Only download reputable apps (App Store / Google Play)</li> <li>Keep operating system up-to-date: <ul> <li>Apple &gt; Settings &gt; General &gt; Software Update &gt; Automatic Updates (On)</li> <li>Android &gt; Settings &gt; Software update (or System updates)</li> </ul> </li> </ul>
Use Strong Passwords	<ul> <li>Best password management includes</li> <li>Combination of words, symbols, numbers (longer is better!)</li> <li>Don't reuse one password for multiple accounts</li> <li>Third Party Password Manager App (e.g. BitWarden)</li> <li>Set two-factor authentication for important accounts</li> <li>Check email for data breaches: <u>https://haveibeenpwned.com</u></li> </ul>
Take Precautions	<ul> <li>Use Lock Screen <ul> <li>Apple &gt; Settings &gt; Face ID &amp; Passcode</li> <li>Android &gt; Settings &gt; Lock Screen</li> <li>Android (Pixel) &gt; Settings &gt; Security &gt; Screen Lock</li> </ul> </li> <li>Use Find My Apps <ul> <li>Apple App Store &gt; Find My (<u>https://www.icloud.com/find</u>)</li> <li>Android Google Play &gt; Google Find My Device (<u>https://www.google.com/android/find</u>)</li> </ul> </li> </ul>

updated 04/13/2022





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#### Security planner

• Follow a personalized plan https://securityplanner.consumerreports.org

#### Scam reporting

- Alert your financial institutions
- Better Business Bureau <u>https://www.bbb.org/scamtracker/us</u>
- Federal Trade Commission <u>ReportFraud.ftc.gov</u>
- Internet Crime Complaint Center <a href="https://www.ic3.gov">https://www.ic3.gov</a>
- AARP Fraud Watch Hotline (available to anyone) 877-908-3360

#### Fraud types

- https://www.consumer.ftc.gov/features/scam-alerts
- <u>https://www.usa.gov/scams-and-frauds</u>

### Mobile carrier phone screening apps

- AT&T Call Protect
- Verizon Call Filter
- Sprint/T-Mobile Scam Shield

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