<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PLAYING</strong></td>
<td><strong>TALKING</strong></td>
<td><strong>SINGING</strong></td>
<td><strong>COUNTING</strong></td>
<td><strong>READING</strong></td>
<td><strong>WRITING</strong></td>
<td><strong>PLAYING</strong></td>
</tr>
<tr>
<td>Paint on the sidewalk with water. Watch it evaporate.</td>
<td>Make this “same and different” day. How are our socks the same and different? They go on our feet and they are different colors.</td>
<td>Make music with things you have in the house, like pots, pans, spoons, boxes, and cups.</td>
<td>Sort toys by size. Count the number of toys in each group.</td>
<td>Read a nonfiction book about birds. Talk about what you’ve learned. Say the rhyme “If I Were a Bird.” (Words are on the back.)</td>
<td>Label the things in your child’s room. Bed, dresser, table, book, closet. Point to the words and discuss as you put things away.</td>
<td>Play with blocks. What can you make? Form the blocks into letter shapes.</td>
</tr>
<tr>
<td><strong>TALKING</strong></td>
<td><strong>SINGING</strong></td>
<td><strong>COUNTING</strong></td>
<td><strong>READING</strong></td>
<td><strong>WRITING</strong></td>
<td><strong>PLAYING</strong></td>
<td><strong>TALKING</strong></td>
</tr>
<tr>
<td>Take an alphabet walk outside. Talk about things that begin with different letter sounds.</td>
<td>Sing a bedtime story. Encourage your child to sing with you.</td>
<td>Put five stuffed animals in order from smallest to largest.</td>
<td>Have a family story time. Each person picks a book to read aloud.</td>
<td>Draw a picture for a grandparent or other very important person.</td>
<td>Play “What Fits?” Will your hat fit under your bed? Will the refrigerator fit in your pocket?</td>
<td>It’s Library Card Month. Talk about what you can do at the library.</td>
</tr>
<tr>
<td><strong>SINGING</strong></td>
<td><strong>COUNTING</strong></td>
<td><strong>READING</strong></td>
<td><strong>WRITING</strong></td>
<td><strong>PLAYING</strong></td>
<td><strong>TALKING</strong></td>
<td><strong>SINGING</strong></td>
</tr>
<tr>
<td>Pick a new kind of music you haven’t listened to before. Listen together.</td>
<td>Set the table for a meal. How many plates will you need? How many utensils? Napkins?</td>
<td>Go to the library for a new book you haven’t read before. The librarian can help you find one.</td>
<td>Write the names of each family member with chalk on the sidewalk. Stand on your name.</td>
<td>Play the yes-no game about time. Is it time for breakfast? Is it time to read? Is it time for kisses?</td>
<td>Before going to bed talk about things you did this morning, this afternoon, and tonight.</td>
<td>Sing a ‘good morning’ song to greet your child in the morning.</td>
</tr>
<tr>
<td><strong>COUNTING</strong></td>
<td><strong>READING</strong></td>
<td><strong>WRITING</strong></td>
<td><strong>PLAYING</strong></td>
<td><strong>TALKING</strong></td>
<td><strong>COUNTING</strong></td>
<td><strong>READING</strong></td>
</tr>
<tr>
<td>Count the trees you see today.</td>
<td>Point out signs everywhere.</td>
<td>Use chalk to draw shapes on the sidewalk. Draw a triangle, a square, a circle, and a rectangle. Talk about how they are different.</td>
<td>Pretend you are in a boat on the water. Ask your child what kind of fish they see.</td>
<td>Offer choices today. Do you want this book or that one? Do you want water or milk? Would you like a banana or strawberries?</td>
<td>Trace around your hand and around your child’s hand. Talk about the difference in size.</td>
<td>Go to the library and check out a new book.</td>
</tr>
</tbody>
</table>
Children’s reading success in kindergarten and beyond begins with positive language and literacy experiences from the time they are infants.

- Young children have shorter attention spans. You can do activities for short bits of time throughout the day or whenever you have the chance.
- You can help your children learn in ways and at times that are best for them.
- Parents are tremendous role models—if your children see that you think reading is important and enjoy it, they will follow your lead.
- Children learn best by doing—and they love doing things with YOU!

**Books to Read this Month**

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

**FOR READERS AGES 0-3**

- *Birds* by Jill McDonald

**FOR READERS AGES 3+**

- *Birds* by Kevin Henkes
- *Saturday* by Oge Mora

---

**HEAD, SHOULDERS, KNEES AND TOES**

*Touch each body part as you sing*

Head, shoulders, knees and toes, knees and toes
Head, shoulders, knees and toes, knees and toes
And eyes and ears and mouth and nose,
Head, shoulders, knees and toes, knees and toes

Neck, elbows, hips and feet, hips and feet
Neck, elbows, hips and feet, hips and feet
And thighs and rears and lips and teeth,
Neck, elbows, lips and teeth, lips and teeth.

**IF I WERE A BIRD**

If I were a bird, I'd sing a song
And fly about the whole day long.
And when the night comes, go to rest,
Up in my cozy little nest.