

## Book Discussion Kits (Memoir)

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### [Farewell to Manzanar](#)

by Jeanne Wakatsuki Houston

The American-born author describes her family's experience and impressions when they were forced to relocate in a camp for the Japanese in Owens Valley, California, during World War II.

### [Lab Girl](#)

by Hope Jahren

An illuminating debut memoir of a woman in science; a moving portrait of a longtime friendship; and a stunningly fresh look at plants that will forever change how you see the natural world

### [Little Heathens](#)

by Mildred Armstrong Kalish

An evocative memoir of growing up in the heart of the Midwest during the Great Depression describes life on an Iowa farm during a time of endless work, resourcefulness, family and kinship, and no tolerance for idleness or waste.

### [My Life in France](#)

by Julia Child

A memoir begun just months before Child's death describes the legendary food expert's years in Paris, Marseille, and Provence and her journey from a young woman from Pasadena who cannot cook or speak any French to the publication of her legendary Mastering cookbooks and her winning the hearts of America as "The French Chef."

### [The Rainbow Comes and Goes](#)

by Anderson Cooper

A poignant correspondence between the CNN journalist and his iconic designer mother, exchanged in the aftermath of the latter's brief illness, shares a rare window into their relationship and the life lessons imparted by an aging mother to her adult son.

### [Reading Lolita in Tehran](#)

by Azar Nafisi

Lolita in Tehran? Yes, and plenty of other Western classics, read and discussed by a group of women who met secretly with Nafisi, an instructor at the University of Tehran until she was expelled in 1997 for shunning the veil and left the country.