

# Bullying, Teasing, & Just Plain Mean

---

*Books for Kids and Parents*

## **Picture Books (JEasy) --- Ages 3-8**

### [ARTHUR'S APRIL FOOL](#)

by Brown, Marc

*Arthur worries about remembering his magic tricks for the April Fool's Day assembly and Binky's threats to pulverize him.*

### [BENJAMIN AND THE WORD](#)

by Olivas, David

*When Benjamin beats his friend James at handball, James calls him a name that hurts his feelings, but Benjamin's father helps him sort out his feelings and figure out why James might have used the word. In English and Spanish (Also titled: BENJAMIN Y LA PALABRA).*

### [BERENSTAIN BEARS AND THE IN-CROWD](#)

by Berenstain, Stan

*A rich new cub named Queenie McBear teases Sister Bear and steals her Double-Dutch partners away before the big tournament.*

### [BIGGEST NOSE](#)

by Kathy, Caple

*Eleanor the elephant is self-conscious about her large nose after she is teased by Betty the hippopotamus, but she overcomes her sensitivity when she realizes Betty has the biggest mouth.*

### [BOOTSIE BARKER BITES](#)

by Bottner, Barbara

*Bootsie Barker only wants to play games in which she bites, until one day her friend comes up with a better game.*

### [BRAND NEW KID](#)

by Couric, Katie

*Lazlo, who has just moved to the United States from Hungary, is ostracized at school until two girls have the courage to befriend him.*

### [BULLY](#)

by Caseley, Judith

*Mickey has trouble with Mack, a bully at school, until he decides to try being nice to Mack and making*

him a friend.

### [BULLY BLOCKERS CLUB](#)

by Bateman, Teresa

*When Lottie is bothered by a bully at school, she helps start a club where everyone is welcome.*

### [BULLY.](#)

by Seeger, Laura Vaccaro

#### **JEasy SEE**

*A little bull discovers that he has been a big bully.*

### [Cherry and Olive](#)

by Lacombe, Benjamin

#### **JEASY**

*A very shy girl who longs for a friend falls in love with a lost puppy at the shelter where her father works.*

### [Chrysanthemum](#)

by Henkes, Kevin

#### **JEASY HEN**

*Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.*

### [CRAZY HAIR DAY](#)

by Saltzberg, Barney

*Stanley is excited about Crazy Hair Day at his school, until he discovers that he has gotten the date wrong.*

### [Don't Laugh at Me](#)

by Seskin, Steve

#### **JEASY SES (Read Along Kit, includes CD)**

*Do you wear glasses? Ever been picked last for the team? Afraid you'll be called on in class? Have you laughed at someone else for the same reasons? Someone you thought was geeky or slow--someone different from you. For anyone who's ever been bullied--or been a bully themselves--it's time to change your tune. This is not a book for whiners, but a new language that will give you the words you need to take charge and stop the cycle of teasing. Filled with inspiration and celebration, Don't Laugh at Me is the anthem for a new bully-free world. Read it, sing it, and cheer!*

### [ELLA THE ELEGANT ELEPHANT](#)

by D'Amico, Carmela

*Ella is nervous about the first day of school in her new town, but wearing her grandmother's good luck hat makes her feel better--until the other students tease her and call her names.*

### [HARRIET AND THE ROLLER COASTER](#)

by Carlson, Nancy

*Harriet accepts her friend George's challenge to ride the frightening roller coaster and finds out that she*

*is the brave one.*

### Harry and Willy and Carrothead

by Caseley, Judith

#### **JEASY CAS**

*Three boys overcome prejudicial ideas about appearances and become friends.*

### HAZEL'S AMAZING MOTHER

by Wells, Rosemary

*When Hazel and her beloved doll Eleanor are set upon by bullies, Hazel's mother comes to the rescue in a surprising way.*

### HOOWAY FOR WODNEY WAT

by Lester, Helen

*All his classmates make fun of Rodney because he can't pronounce his name, but it is Rodney's speech impediment that drives away the class bully.*

### HUGO AND THE BULLYFROGS

by Simon, Francesca

*Hugo, a little frog, discovers he has a secret weapon to help him keep the bullies away.*

### JUST KIDDING

by Ludwig, Trudy

*With help from his father, older brother, and teacher, D.J. learns how to handle a classmate who claims that his mean-spirited "teasing" is just a joke.*

### LAST LAUGH

by Aruego, Jose

*A wordless tale in which a clever duck outwits a bullying snake.*

### LOUDMOUTH GEORGE AND THE SIXTH-GRADE BULLY

by Carlson, Nancy

*After having his lunch repeatedly stolen by a bully twice his size, Loudmouth George and his friend Harriet teach him a lesson he'll never forget.*

### Lucy and the Bully

by Alexander, Claire

#### **JEASY ALE**

*When a mean classmate in preschool wrecks Lucy's artwork, she discovers that they can be friends once he stops being jealous of her.*

### Martha walks the dog

by Meddaugh, Susan

## **JEASY MED**

*Martha the talking dog rescues the neighborhood from a bully dog with the help of a parrot.*

### [Mookey the monkey gets over being teased](#)

by Lonczak, Heather Suzanne

## **JEASY**

*Teased by his classmates because he is hairless, Mookey the monkey discovers there are many ways to handle teasing and still remain true to oneself.*

### [MY SECRET BULLY](#)

by Ludwig, Trudy

*When Monica's friend Katie begins to call her names and humiliate her in front of other kids at school, she feels betrayed and isolated. But with help from her mother, Monica reclaims her confidence from a bully disguised as her friend. Includes a note to parents and teachers, as well as related resources. Also available in Spanish: MI ENEMIGA SECRETA*

### [No hitting!](#)

by Katz, Karen

## **JEASY**

*With the help of this book, toddlers will love learning to say NO to hitting-and screaming and squeezing and yelling-and YES to fun!*

### [Oliver Button is a sissy](#)

by De Paola, Tomie

## **JEASY**

*His classmates' taunts don't stop Oliver Button from doing what he likes best.*

### [ONE](#)

by Otsoshi, Kathryn

## **JEASY OTO**

*Red picks on Blue while Yellow, Orange, Green, and Purple wonder what they can do until One unites the colors and helps everybody learn about acceptance, tolerance, and boundaries amidst bullying while the reader learns numbers and primary and secondary colors.*

### [RAT AND THE TIGER](#)

by Kasza, Keiko

*In his friendship with Rat, Tiger takes advantage and plays the bully because of his greater size, but one day Rat stands up for his rights.*

### [RECESS QUEEN](#)

by O'Neill, Alexis

*Mean Jean is the biggest bully on the school playground until a new girl arrives and challenges Jean's status as the Recess Queen.*

### [SATURDAY KID](#)

by Sorel, Edward

*Leo wonders why Morty always causes him trouble, but after spending a Saturday with his violin teacher and then seeing himself in a newsreel at the movies, Leo doesn't worry about Morty anymore.*

### Say something

by Moss, Peggy

#### **JEASY**

*A child who never says anything when other children are being teased or bullied finds herself in their position one day when jokes are made at her expense and no one speaks up.*

### SIMON'S HOOK: A STORY ABOUT TEASING & PUTDOWNS

by Burnett, Karen

*When Simon's bad haircut makes him the target of teasing, Grandma Rose teaches him how to refuse to "take the hook" by using skillful interpersonal communication techniques. An elementary school counselor for more than 20 years, Burnett understands the angst of childhood. The fishing analogy that worked for her students can now help other children deal with teases & put-downs.*

### SOLO BROMEANDO

by Ludwig, Trudy

*With help from his father, older brother, and teacher, D.J. learns how to handle a classmate who claims that his mean-spirited "teasing" is just a joke. Spanish translation of "Just Kidding."*

### STAND TALL, MOLLY LOU MELON

by Lovell, Patty

*Even when the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself.*

### Swimmy

by Lionni, Leo

#### **JEASY**

*A little black fish in a school of red fish figures out a way of protecting them from all their natural enemies.*

### TWO BULLIES

by Morimoto, Junko

*Two bullies, one from China and one from Japan, inadvertently intimidate one another before meeting face to face and never fight as a result.*

### WIMP

by Caple, Kathy

*Arnold the pig and his sister Rose give two bullying classmates a taste of their own medicine when Arnold decides he doesn't have to be a wimp anymore.*

## **Picture Books for Older Readers (J Pic+) --- Ages 8-12**

## BULLY

by Polacco, Patricia

### **J PIC+ POL**

*Sixth-grade friends Lyla and Jamie, both new to their school, stand up for each other when a clique of popular girls bullies them online.*

## Goal!

by Javaherbin, Mina

### **J PIC+ JAV**

*In a dangerous alley in a township in South Africa, the strength and unity which a group of young friends feel while playing soccer keep them safe when a gang of bullies arrives to cause trouble.*

## MR. LINCOLN'S WAY

by Polacco, Patricia

*When Mr. Lincoln, "the coolest principal in the whole world," discovers that Eugene, the school bully, knows a lot about birds, he uses this interest to help Eugene overcome his intolerance.*

## NOBODY KNEW WHAT TO DO: A STORY ABOUT BULLYING

by McCain, Becky R.

*When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something.*

## **Readers --- Grades K-3**

## GRANDMA'S TRICK-OR-TREAT

by McCully, Emily Arnold

*Pip's two grandmothers, who cannot agree on anything, take Pip and her friends trick-or-treating on Halloween.*

## IRIS AND WALTER AND COUSIN HOWIE

by Guest, Elissa

*Walter's favorite cousin is coming to visit, but Iris is disappointed when Howie does not turn out to be so great--or friendly--after all.*

## KIT AND KAT

by De Paola, Tomie

*Three stories featuring the Kitten Kids sleeping at their grandparents' house, riding bikes, and playing with a bully.*

## PINKY AND REX AND THE BULLY

by Howe, James

*Pinky learns the importance of identity as he defends his favorite color, pink, and his friendship with a girl, Rex, from the neighborhood bully.*

## **Beginning Chapter Books (J Fiction) --- Grades 2-5**

### [ALIEN FOR RENT](#)

by Duffey, Betsy

*When a small fuzzy alien appears at their school, third graders J.P. and Lexie accidentally direct his powers against the bully Bruce and things get out of control.*

### [AMELIA TAKES COMMAND](#)

by Moss, Marissa

*After successfully commanding the Discovery shuttle mission at Space Camp, Amelia returns to fifth grade where she deals with the bully who has been making her life miserable.*

### [ANDY SHANE AND THE VERY BOSSY DOLORES STARBUCKLE](#)

by Jacobson, Jennifer

*Andy Shane hates school, mainly because of a tattletale know-it-all named Dolores Starbuckle, but Granny Webb, who has taken care of him all his life, joins him in class one day and helps him solve the problem.*

### [BEST ENEMIES](#)

by Leverich, Kathleen

*After Felicity trades her nasty tricks for friendship, Priscilla decides she'd rather have Felicity as an enemy.*

### [BEST ENEMIES AGAIN](#)

by Leverich, Kathleen

*Wealthy Felicity continues to complicate Priscilla's life both in school and out.*

### [BEST ENEMIES FOREVER](#)

by Leverich, Kathleen

*When Priscilla starts a school club to provide volunteer service to the community, her project comes under fire from her longtime enemy Felicity, who wants to be the only star in the fourth grade.*

### [CODY AND QUINN, SITTING IN A TREE](#)

by Larson, Kirby

*When the class bully teases him about his friendship with a girl, Cody must decide whether to stay mad, to get even, or to help his tormentor.*

### [HUNDRED DRESSES](#)

by Estes, Eleanor

*In winning a medal she is no longer there to receive, a tight-lipped little Polish girl teaches her classmates a lesson.*

### KEY TO THE PLAYHOUSE

by York, Carol Beach

*While visiting their grandmother, two cousins enjoy playing in their own little house in the woods, but they do not realize what consequences their exclusion of a poor local girl will bring.*

### LOUISE TAKES CHARGE

by Krensky, Stephen

*Louise enlists the aid of everyone in her class and together they outwit Jasper the bully.*

### MARVIN AND THE MEAN WORDS

by Kline, Suzy

*Marvin overhears remarks made by his second-grade teacher and is sure she hates him.*

### MARVIN AND THE MEANEST GIRL

by Kline, Suzy

*Marvin thinks that the new girl in class, Lucy Tinker, is a liar and a thief, but then he finds that he may have misjudged her.*

### MEAN, MEAN MAUREEN GREEN

by Cox, Judy

*With help from Adam, a boy in her third grade class, Lilley gains enough confidence to stand up to the school bus bully, Mean Maureen Green.*

### MY DOG, CAT

by Crisp, Marty

*Ten-year-old Abbie, bullied at school for being small, wants to get a big black dog, but two months of living with a little Yorkshire terrier changes his mind about a number of things.*

### NOTHING WRONG WITH A THREE-LEGGED DOG

by McNamee, Graham

*With the help of his good friend and her three-legged dog, Leftovers, ten-year-old Keath learns how to handle the class bully and deal with being the only white boy in his class.*

### ROXIE AND THE HOOLIGANS

by Naylor, Phyllis Reynolds

*Roxie Warbler, the niece of a famous explorer, follows Uncle Dangerfoot's advice on how to survive any crisis when she becomes stranded on an island with a gang of school bullies and a pair of murderous bank robbers.*

### STARTING SCHOOL WITH AN ENEMY

by Carbone, Elisa



*Worried about finding friends when she moves from Maine to Maryland, ten-year-old Sarah gets off to a bad start by making an enemy of a boy.*

### [SURVIVING BRICK JOHNSON](#)

by Myers, Laurie

*Afraid of getting maimed for making fun of Brick, the husky new kid in his fifth-grade class, Nick decides that even his baseball collection will not protect him so he signs up for karate class, despite his little brother's reassurances that Brick is not a bully.*

### [TELL ME YOUR BEST THING](#)

by Hines, Anna Grossnickle

*Eight-year-old Sophie reluctantly joins the new club formed by Charlotte, the class bully, and finds herself being hurt when her best friend is manipulated into telling Sophie's darkest secret.*

## **Chapter books (J Fiction) -- Grades 3-8**

### [ALL ALONE IN THE UNIVERSE](#)

by Perkins, Lynne Rae

*Debbie is dismayed when her best friend Maureen starts spending time with ordinary, boring Glenna.*

### [BAD GIRLS](#)

by Wilson, Jacqueline

*Ten-year-old Mandy must endure torment from three nasty bullies in school, but she finds solace in a new friendship with an older girl.*

### [BLUBBER](#)

by Blume, Judy

*Jill goes along with the rest of the 5th-grade class in tormenting a classmate and then finds out what it's like when she, too, becomes a target.*

### [CHARLIE IS A CHICKEN](#)

by Smith, Jane Denitz

*When she falls under the influence of the boy-hating, snobbish Jessica, 4th grader Maddie is manipulated into turning on her best friend Charlie and joins Jessica in sending him spiteful anonymous notes in school.*

### [COCKROACH COOTIES](#)

by Yep, Laurence

*Teddy and his little brother Bobby devise strategies using bugs to defeat the school bully.*

## COUGAR

by Griffiths, Helen

*Starting a new life on a farm in the country, Nickel has to adjust to the attentions of a local bully and the appearances of a ghost horse that was supposed to have died in a fire.*

## FIELD OF THE DOGS

by Patterson, Katherine

*Josh, who has just moved to Vermont with his mother, stepfather, and new baby brother, must deal with the bullying of a neighbor boy and discovers that his dog, whom he hears talking with other dogs, is also facing a bully of his own.*

## GAMES

by Gorman, Carol

*When 14-year-old rivals Boot Quinn and Mick Sullivan fight once too often, the new principal devises the punishment of having to play games together at his office, where they learn which battles are worth fighting.*

## GIRLS

by Koss, Amy Goldman

*Each of the girls in a middle-school clique reveals the strong, manipulative hold one of the group exerts on the others, and the hurt and self-doubt that it causes them.*

## I FUNNY: A MIDDLE SCHOOL STORY

by Patterson, James

### **J FICTION PAT**

*Resolving to become the world's greatest stand-up comedian despite less-than-funny challenges in his life, wheelchair-bound middle school student Jamie Grimm endures bullying from his mean-spirited cousin and hopes he will be fairly judged when he enters a local comedy contest.*

## IT DOESN'T HAVE TO BE THIS WAY: A BARRIO STORY

by Rodriguez, Luis J.

*Spanish/English book. Reluctantly a young boy becomes more and more involved in the activities of a local gang, until a tragic event involving his cousin forces him to make a choice about the course of his life. (Spanish title=NO TIENE QUE SER ASI: UNA HISTORIA DEL BARRIO)*

## IT WAS SEPTEMBER WHEN WE RAN AWAY THE FIRST TIME

by Smith, D. J.

### **J FICTION SMI**

*In Orange Grove, California, in 1951, plans for an upcoming carnival and running away part-time fall by the wayside when 12-year-old Paolo, his 6-year-old brother Georgie, and their 10-year-old deaf cousin Billy become victims of prejudice after Billy befriends a Chinese American girl. Sequel to PROBABLY THE WORLD'S BEST STORY...*

### JAKE DRAKE, BULLY BUSTER

by Clements, Andrew

*Jake faces the challenge of cooperating with the school bully on a class project.*

### JUNGLE DOGS

by Salisbury, Graham

*While worrying about the wild dogs that supposedly lurk in the jungle along his paper route, Hawaiian sixth grader Boy Regis also seeks to stop his older brother Damon from fighting all his battles for him.*

### LIBERATION OF GABRIEL KING

by Going, K.L.

*In Georgia during the summer of 1976, Gabriel, a white boy who is being bullied, and Frita, an African American girl who is facing prejudice, decide to overcome their many fears together as they enter 5th grade.*

### ME AND ROLLY MALOO

by Wong, Janet S

#### **J FICTION WON**

*An unpopular girl cheats on a math test when the most popular girl in school asks her to give her answers.*

### MISFITS

by Howe, James

*Four students who do not fit in at their small-town middle school decide to create a third party for the student council elections to represent all students who have ever been called names.*

### NOT-SO-WEIRD EMMA

by Warner, Sally

*Eight-year-old Emma is just beginning to like her new school when her friend Cynthia starts telling other kids that Emma is, well, a little strange.*

### OWEN FOOTE, FRONTIERSMAN

by Greene, Stephanie

*Second grader Owen Foote is looking forward to spending time with his friend Joseph in their tree fort, until some bullies visiting his neighbor, Mrs. Gold, threaten to wreck the fort.*

### SECRET IDENTITY

by Van Draanen, Wendelin

*Fifth-grader Nolan Byrd, tired of being called names by the class bully, has a secret identity-- Shredderman!*

## STEPPING ON THE CRACKS

by Hahn, Mary Downing

*In 1944, while her brother is overseas fighting in World War II, eleven-year-old Margaret gets a new view of the school bully Gordy when she finds him hiding his own brother, an army deserter, and decides to help him.*

## THREE ROTTEN EGGS

by Maguire, Gregory

*The students of Miss Earth's class in rural Vermont experience an eventful spring when they become involved with a bullying new student, a competitive egg hunt, and genetically altered chicks.*

## **Books for Teens**

### Buddha Boy

by Koja, Kathe

*Justin spends time with Jinsen, the unusual and artistic new student whom the school bullies torment and call Buddha Boy, and ends up making choices that impact Jinsen, himself, and the entire school.*

### BURN

by Phillips, Suzanne

*Bullied constantly during his freshman year in high school, Cameron's anger and isolation grows, leading to deadly consequences.*

### It Gets Better: Coming Out, Overcoming Bullying, and Creating a Life Worth Living

by Savage, Dan

**YA 306.766 IT**

*A collection of original essays and expanded testimonials written to teens from celebrities, political leaders, and everyday people. While many of these teens can't see a positive future for themselves, we can. We can show LGBT youth the kind of happiness, potential, and satisfaction their lives hold if they can just get through these early years.*

## **J Non-Fiction - Dealing with Bullies, Cliques, & Teasers**

### Bullying and Me: Schoolyard Stories

by Shapiro, Ouisie

**J 371.58 SHA**

*Relates the real life experiences of people who have been victims of emotional and physical bullying.*

### CLIQUEES

**Series Title:** 10 Things You Need to Know About...

by Jones, Jen

**J 158.2508 JON / 5-9 grade**

*Provides helpful information to understand and deal with cliques during the middle school years and beyond.*

[Dear Bully: 70 Authors Tell Their Stories](#)

by Anthology,

**J 302.3 DEA**

*Presents top authors for teens as they share their stories about bullying--as silent observers on the sidelines of high school, as victims, and as perpetrators.*

[EVERYTHING YOU NEED TO KNOW ABOUT CLIQUES](#)

by Moehn, Heather

**J 158.25 MOE / 5-12 grade**

*Presents an overview of cliques and explains how to deal with them, covering their formation, their negative aspects, and their relationship to friendship; also includes a glossary, a bibliography, and a list of related organizations.*

[I want it](#)

by Crary, Elizabeth

**J 155.418 CRA**

*A little girl considers seven different ways to get the toy she wants from her playmate. Includes questions about feelings and making choices as each alternative in the story is considered.*

[ODD GIRL SPEAKS OUT: Girls Write About Bullies, Cliques, Popularity and Jealousy](#)

by [no author]

**J 305.2308 ODD / 7-12 grade**

*The national bestseller ODD GIRL OUT exposed a hidden culture of cruelty that has been endured by American girls. Simmons takes a deeper look at this phenomenon through personal accounts and stories of these adolescent girls.*

[POPULARITY HAS ITS UPS AND DOWNS](#)

by Schneider, Meg F.

**J 158.25 Sch / 5-12 grade**

*Explores the myths, limitations, and dangers of popularity and discusses how to develop true friendships and a confident sense of self-worth.*

[Strong man: The story of Charles Atlas](#)

by McCarthy, Meghan

**J BIO ATLAS**

*He could tear phone books in half, bend iron bars into giant Us, and pull a 145,000-pound train with his bare hands. But Charles Atlas wasn't always one of America's most famous strong men. Once upon a time, he was a "97-pound weakling" who was picked on by neighborhood bullies.*

[We want you to know: kids talk about bullying](#)

by Ellis, Deborah

**J 302.343 ELL**

[Why tease?](#)

by Amos, Janine

**J 302.54 AMO / K-3 grade**

*Presents two stories in which the children in Mrs. Casey's class learn why it is not right to tease others and what to do if they are being teased.*

## **J Non-Fiction - Making Friends**

### [FRIENDS!](#)

by Scott, Elaine

**J 177.62 SCO / K-3 grade**

*Text and photographs introduce some friends and the activities they share and provide discussion of how friends can help each other, share secrets, and solve their disagreements.*

### [GOLDEN RULE](#)

by Cooper, Ilene

*Grandpa explains that the golden rule is a simple statement on how to live that can be practiced by people of all ages and faiths, then helps his grandson figure out how to apply the rule to his own life.*

### [HOW KIDS MAKE FRIENDS: Secrets for Making Lots of Friends, No Matter How Shy You Are](#)

by Michelle, Lonnie

**J 158.25 MIC / 3-8 grade**

*A guide to making friends with tips for adults on how to encourage children to take the steps needed to make friends.*

### [HOW TO BE A FRIEND: A Guide to Making Friends and Keeping Them](#)

by Brown, Laurie Krasny

**J 158.25 BRO / K-3 grade**

*Dinosaur characters illustrate the value of friends, how to make friends, and how to be and not to be a good friend.*

### [MAKING FRIENDS](#)

by Leveté, Sarah

**J 158.25 LEV / K-3 grade**

*Discusses the importance of friendships, from making friends to resolving disagreements, and how to deal with feelings such as jealousy, shyness, and rejection.*

## **For Parents & Teachers**

### [AND WORDS CAN HURT FOREVER: How to Protect Adolescents From Bullying, Harassment, and Emotional Violence](#)

by Garbarino, James

**373.158 GAR**

*Explores how emotional violence in the classroom and on the playground can affect a child's self esteem and learning abilities and offers strategies designed to help protect children from bullying and harassment.*

### [BULLIES AND VICTIMS](#)

by Fried, SuEllen

**J PC 371.58 FRI**

*Describes the extent and effects of bullying at school and attempts to arrive at causes and preventive measures, discussing physical, verbal, emotional, sexual, and sibling abuse.*

### [BULLY, THE BULLIED, AND THE BYSTANDER: FROM PRE-SCHOOL TO HIGH SCHOOL](#)

by Coloroso, Barbara

**371.782 COL**

*"How Parents and Teachers Can Help Break the Cycle of Violence." A guide for parents and teachers on child bullying that explains how to tell if a child is being bullied, how to change bullying behavior, how to help bystanders become active in solving the problem, how to evaluate school policies.*

### [CLIQUEES: 8 Steps to Help Your Child Survive the Social Jungle](#)

by Giannetti, Charlene

**649.125 GIA**

*Describes the traumatic effects caused by cliques in American schools and offers an eight-step program designed to help parents teach their children how to avoid the common pitfalls of cliques.*

### [MOM, THEY'RE TEASING ME: Helping Your Child Solve Social Problems](#)

by Thompson, Michael

**J PC 302.3 THO, 302.3 THO**

*Provides insight into the social lives of children, and addresses forty of the most common and compelling worries parents and educators have about the social problems children often experience, including peer rejection, name-calling, bullying, exclusion, and others.*

### [ODD GIRL OUT: The Hidden Culture of Aggression in Girls](#)

by Simmons, Rachel

**J PC 302.5408 SIM, 302.5408 SIM, LISTLIB 302.5408**

*Explores the issues surrounding aggression in girls, discussing why the signs of aggression are harder to recognize in girls than boys, how parents can help their daughter's deal with aggression, and the negative impact aggression can have on teenage girls' lives.*

### [QUEEN BEES AND WANNABES: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence](#)

by Wiseman, Rosalind

**J PC 649.125 WIS**

*Explains how parents can help their daughters deal with the different issues surrounding friendships, boys, gossip, and cliques as they start high school.*

### [YOUR CHILD, BULLY OR VICTIM: Understanding and Ending Schoolyard Tyranny](#)

by Sheras, Peter

**371.58 SHE**

*Offers parents hands-on help to stop bullying before it becomes a serious problem for their children, discussing how parents can identify bullying behavior, detect whether their child is a bully or a victim, combat common myths which lead to bullying, and knowing when it's time to step in and speak to other parents or teachers.*

### **Related Websites...**

- [best friends](http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=best+friends) (http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=best+friends)
- [bullies](http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=bullies) (http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=bullies)
- [friendship](http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=friendship) (http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=friendship)
- [teasing](http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=teasing) (http://catalog.santacruzpl.org/opac/en-US/skin/default/xml/rresult.xml?rt=keyword&tp=keyword&t=teasing)